

Job Seekers Are Invited to Attend This In-person Workshop:



HOW TO THRIVE DURING TRANSITION AND CHANGE



Times of transition hold both challenges and opportunities. What are you really committed to in this moment?

Tony Robbins once said, *"Quality questions create a quality life."*

- Is your behavior consistent with what you are committed to?
- Are you present and engaged in your own life?
- Are you satisfied with your choices?
- Would you like to make better choices in the future?

Our life is made up of decisions. When we ask the right questions it heightens our awareness and allows us to see more clearly. The strategies and philosophies that will be presented in this workshop provide attendees with tools that self-empower. The workshop is designed to help you achieve your personal best both professionally and personally. It's a point of view that is based on choice. Self-empowerment feeds our unconscious mind to make conscious choices that allow us to be successful.

Thursday,
November 20, 2025
1:00 - 2:30 p.m.

SPEAKER:
Jan Goodman
Certified Workforce
Development Professional,
Greater Raritan One-Stop
Career Training Center

This is an in-person workshop at the North Branch County Library in Clinton, NJ.

North County Branch Library
65 Halstead Street, Clinton, NJ 08809

To register click on the link below: <https://hclibrary.libcal.com/event/14937821>

(Note: Registration opens October 9, 2025)

This program is in collaboration with the Hunterdon County Library System.

