

Job Seekers Are Invited to Attend This Virtual Career Workshop:



HOW TO THRIVE DURING TRANSITION AND CHANGE

Times of transition hold both challenges and opportunities. What are you really committed to in this moment?

Tony Robbins once said, *"Quality questions create a quality life."*

- Is your behavior consistent with what you are committed to?
- Are you present and engaged in your own life?
- Are you satisfied with your choices?
- Would you like to make better choices in the future?

Our life is made up of decisions. When we ask the right questions it heightens our awareness and allows us to see more clearly. The strategies and philosophies that will be presented in this workshop provide attendees with tools that self-empower. The workshop is designed to help you achieve your personal best professionally and personally. It's a point of view that is based on choice. Self-empowerment feeds our unconscious mind to make conscious choices that allow us to be successful.

Thursday,
September 18, 2025
10 a.m. - 12 p.m.

SPEAKER:
Jan Goodman

Certified Workforce
Development Professional,
Greater Raritan One-Stop
Career Training Center

Registration for the workshop is required. Register at <https://bit.ly/4lvj3A1> or by using the QR code. This workshop is being presented in conjunction with the Greater Raritan One-Stop Healthcare Industry Multi-Employer Recruitment Event being conducted from 10 a.m. to 12 p.m. Thursday, September 25, 2025, at the Hunterdon County Chamber of Commerce, 119 Main St., Flemington. For more information on this Recruitment Event, please click here.

