

Times of transition hold both challenges and opportunities. What are you really committed to in this moment?

Tony Robbins once said, "Quality questions create a quality life."

- · Is your behavior consistent with what you are committed to?
- Are you present and engaged in your own life?
- · Are you satisfied with your choices?
- Would you like to make better choices in the future?

Our life is made up of decisions. When we ask the right questions it heightens our awareness and allows us to see more clearly. The strategies and philosophies that will be presented in this workshop provide attendees with tools that self-empower. The workshop is designed to help you achieve your personal best professionally and personally. It's a point of view that is based on choice.

Self-empowerment feeds our unconscious mind to make conscious choices that allow us to be successful.

Thursday, May 29, 2025 11 a.m. - 12:30 p.m.

> SPEAKER: Jan Goodman

Certified Workforce
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Career Training Center

Registration for the workshop is preferred but not required. Register at https://bit.ly/3EMfEfS.

This workshop is being presented during the 2025 Greater Raritan Job Fair running from 10 a.m. to 1 p.m. Thursday, May 29, 2025, at the Hindu Temple and Cultural Society, Balaji Temple Auditorium, 1 Balaji Temple Drive, Bridgewater. Workshop attendees may network at the Job Fair after it opens and then join the workshop at 11 a.m. For details on the Job Fair, please click here.









