

SOMERSET COUNTY Office on Aging and DisABILITY Services

2025 Resource Expo

Flip the Script and Explore Connections that Come with Aging Well

**Explore opportunities to stay active
and engage in the community**

**Participate in interactive
health screenings and activities**

**Meet local agencies and
community organizations**

Free workshop by Rutgers University

Occupational Therapy Doctoral Program presents,
Empower Your Independence: Adaptive Tools for Everyday Living.
Join us for an engaging workshop on occupational therapy adaptive
equipment designed to make daily tasks easier and safer.

Our expert will provide hands-on demonstrations
and practical tips tailored to your needs.



SOMERSET COUNTY
OFFICE ON AGING &
DISABILITY SERVICES



**Saturday | May 10, 2025
10:00 a.m. – 3:00 p.m.**

Senior Wellness Center at Bridgewater
876 E. Main Street, (next to TD Bank Ballpark)
Bridgewater, NJ 08807

FREE ADMISSION | REGISTRATION REQUIRED

Free County Transportation is available
to those who register at least 2 weeks
in advance. Call **(908) 704-6346** by
April 25 to register.



Scan QR CODE or call **(908) 704-6346** to
pre-register for the event and transportation

*Free parking is available at the Red Lot at TD Ballpark. A shuttle bus will
bring you to the Senior Center and will return you to the parking lot*