

Greater Raritan One-Stop Career Center
in collaboration with
**PSG (Professional Service Group
of Mercer County)**

**HOW TO
THRIVE
DURING
TRANSITION
AND CHANGE**

Times of transition hold both challenges and opportunities. What are you really committed to in this moment?

Tony Robbins once said, *"Quality questions create a quality life."*

- Is your behavior consistent with what you are committed to?
- Are you present and engaged in your own life?
- Are you satisfied with your choices?
- Would you like to make better choices in the future?

Our life is made up of decisions. When we ask the right questions it heightens our awareness and allows us to see more clearly. The strategies and philosophies that will be presented in this workshop provide attendees with tools that self-empower. The workshop is designed to help you achieve your personal best both professionally and personally. It's a point of view that is based on choice. Self-empowerment feeds our unconscious mind to make conscious choices that allow us to be successful.

**Friday,
March 21, 2025
10:00 am - 12:00 pm**

SPEAKER:
Jan Goodman
Certified Workforce
Development Professional,
Greater Raritan One-Stop
Career Training Center

This is an in-person workshop being held at the following location, registration is not required.

PRINCETON PUBLIC LIBRARY, Community Room
65 Witherspoon St., Princeton, NJ 08542

Parking in the Spring Street Garage located next to the Princeton Public Library costs the same as metered parking. Here is a map of local Princeton parking: <https://bit.ly/Parking-in-Princeton>

This program is in collaboration with Professional Service Group of Mercer County, Hunterdon and Warren Counties.

