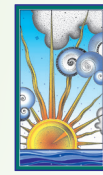


AgungWell

EXPO



**SOMERSET COUNTY
OFFICE ON AGING &
DISABILITY SERVICES**

Saturday

May 18, 2024

1:00 - 4:00 pm

Senior Wellness Center at Bridgewater • 876 E Main St, Bridgewater, NJ, 08807

From Preventative to Home Care Services:

- Learn about aging well at home, tour our multipurpose senior center, hear from providers, participate in yoga demonstrations, and learn more about the specifics on how the Office on Aging & Disability Services can help support you in the community
- The Expo is designed to enhance our age-friendly community by enabling access to key services and education
- Free admission, registration encouraged
- Limited parking and transportation for at home pick up



For more information or to register, contact
the Somerset County Office on Aging & Disability Services at
(908) 704-6346 or **OfficeAging@co.somerset.nj.us**