## FINANCIAL FRIDAYS A FREE VIRTUAL WORKSHOP SERIES

## You are invited to the quarterly "Financial Fridays" Workshop

## Savings Fitness: A Guide to Your Money & Financial Future with Sindy Baldayaque

Friday, October 13, 2023 11:00 am via Zoom



The Employee Benefits Security Administration wants you to succeed in setting financial and retirement goals. Planning for a secure retirement can be challenging, but the sooner you start, the easier it will be. Join us as we discuss ways to increase your financial fitness and save for retirement, including making the most of employer-based retirement savings plans. This webinar will start you on the way to setting goals and putting your saving high on your list of personal priorities. Join Sindy Baldayaque, Supervisory Benefits Advisor for the U.S. Department of Labor Employee Benefits Security Administration's (EBSA) New York Regional Office.

If you've missed any of our recent workshops, or if you need a refresher on one you've attended, click **HERE**.

For information about this event and other upcoming events, along with job seeker or employer services, please call the Middlesex County Office of Workforce and Career Development today at **732-745-3955** (general) or **732-293-1341** (youth 16-24).



Click **HERE** to register or scan QR code.

