


You are invited to the monthly “Workforce Wednesdays” Workshop on June 21, 2023, at 11:00 am (EDT):  
Topic: “Upskilling For Your Next Job”

**WORKFORCE WEDNESDAYS**  
A FREE VIRTUAL WORKSHOP SERIES

**Upskilling For  
Your Next Job:**  
with Career Coach Paul Cecala

**June 21st  
at 11:00 am**

**MIDDLESEX**  
COUNTY • NJ  
OFFICE OF WORKFORCE  
& CAREER DEVELOPMENT



If you want to shift careers or feel like you need more training to be competitive in your current field, you may want to explore the many publicly funded career training options. Through the Workforce Innovation and Opportunity Act and other education grants, many people can access training for in-demand occupations. In this presentation we'll explore what the training options are, the funding sources, ways to access funding, eligibility requirements, and much more. What better way to prove your skills to an employer than to show a recent training or certification.

Paul Cecala is a certified Global Career Development Facilitator, work search author, and founder of Cecala Career Consultants. Since 1999 he has assisted over 3000 job seekers ranging from C-Suite executives to college students. Paul specializes in creating job search project plans and is recognized for his empathetic listening skills. He has been commended for networking skills, interview techniques, and resume writing. He has assisted people from a variety of backgrounds with expertise in DEI&B (Diversity, Equity, Inclusion & Belonging), aviation, business leadership, project management, technology, pharma/biotech, and healthcare. Paul currently facilitates job seeker networking groups for 4 different organizations. He has helmed the adult professional education programs for 2 colleges and a NJ Dept. of Labor One-Stop Career Center.

Please join the MCOWCD and **Paul Cecala** on **Wednesday, June 21, at 11:00 am** via **Zoom** for this **free Workforce Wednesdays workshop, “Upskilling For Your Next Job”!** [Click here or scan QR code to register!](#)



If you've missed any of our recent workshops, or if you need a refresher on one you've attended, check out the [Middlesex County Office of Workforce and Career Development web page](#) (just click on link)

For information about this and other upcoming events, along with other jobseeker or employer services, please call the Middlesex County Office of Career Opportunity today at 732-745-3955 (general) or 732-293-1341 (youth 16-24).