



Conquering Your Fear of Speaking in Public

Wednesday
November 2nd, 2022
7:00 pm – 9:00 pm

Speaker:

Jan Goodman,
Community Outreach Specialist/
Career Coach
Greater Raritan
One-Stop
Career Center
Training Services

Do you get nervous when interviewing or making presentations at company meetings?

Do you find it hard to make conversations at gatherings and social events?

Do you freeze up in awkward social situations?

If so this workshop is for you! It is for anybody who wants to improve their speaking skills in both formal and informal situations. Learn important strategies to gain the confidence and the skills to interact with others, to speak in informal situations, and to make presentations in front of small groups.

Learning Objectives

During this workshop you will learn to:

- Speak with more confidence in one-on-one conversations.
- Feel more confident speaking socially or in small meeting groups.
- Practice these skills in a supportive setting.

To register, please email Elise Prezant at:
eprezant@jewishfamilysvc.org

This program is in collaboration with The Greater Raritan One-Stop Training Center and Jewish Family Service of Somerset, Hunterdon and Warren Counties.



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