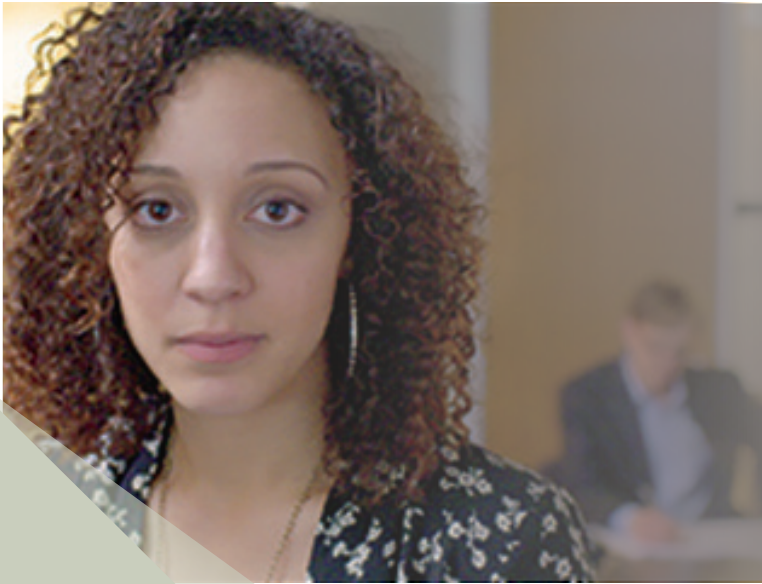# Defeating Unconscious Bias: 5 Strategies

"Human beings are poor examiners, subject to superstition, bias, prejudice, and a PROFOUND tendency to see what they want to see rather than what is really there."
— Scott Peck

DATE: Wednesday, July 13th, 2022

TIME: 10:00 am – 12:00 pm

In collaboration with the Somerset County Library System

Speaker: Jan Goodman
Community Outreach Specialist, Greater Raritan One-Stop Career Center

Let's face it, everybody has some unconscious bias. This is not in the context of talking about a preference for Mexican food or an inclination toward the color blue. The focus here is on those inflexible beliefs about whole categories of people that keep us from seeing others accurately, from making fair and appropriate decisions, and from building the kind of harmonious relationships that make our lives more successful.

Clearly, biases are bad news. On the other hand, the good news is that biases do not make us bad people. Human nature is to lump people into categories. Because of this predisposition, we are vulnerable to unconsciously believing the messages that bombard us from family, media, experience, and society as a whole. But we are not stuck with our unconscious biases; we can defeat them.

The "Defeating Unconscious Bias" workshop is designed to address the hidden biases that can affect hiring, team building and challenges the ability to create inclusivity in both professional and personal settings. A 14 minute video accompanies this training offering 5 simple, actionable, and memorable strategies to enhance workplace productivity and innovation by addressing bias. The authenticity and diversity of the scenarios utilized keeps participants attention, and the solutions suggested support change without blame.

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Please note this is a virtual workshop via Zoom. To attend this workshop please click on the link below:

https://sclsnj.libnet.info/event/6173056

This program is being offered in partnership with the Greater Raritan One-Stop Career Center.

Greater Raritan
One-Stop Career Center
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