

CAREER TRAINING SERVICES

ONE STOP OPERATOR'S REPORT

Program Year 2021

One-Stop Operator March Update

March

March One-Stop Snapshot:

New Customers Served: **54**New Training Grants Provided: **11**WFNJ Referrals received: **191**Youth Employment Services Referrals: **6**Job Match's made: **14,599**

Performance Outcomes Snapshot

WIOA Performance (% of State Goal) as of 1/31/2022 (most recent DOL data)

	Dislocated Worker	Adult Low Income	Youth
Employment Q2	130%	59%	185.53%
Employment Q4	96.12%	71.47%	136.36%
Skill Gain	243%	243.90%	234.19%
Credential	125.87%	132.23%	196.08%

Comparing One-Stop Customer Flow from 2019 through Today

As we enter the final quarter of the One-Stop program year, I would like to highlight some data in comparison to the same time in previous years so that we can better understand the changes of PY 2019 to PY 2021 and start to project what PY 2022 could look like.

	PY 19	PY20	PY21
WIOA Customers Served	887	475	512
Workshop Participation	412	225	243
Training Grant Orientation	404	206	213
Training Grants Provided	148	55	81
Work First NJ Referrals	154	182	393
WIOA Youth Referred	71	44	53

This data shows the drop off due to the pandemic that began in the 3rd quarter of PY19 and lasted through the entirety of PY20. Our current program year, PY2021 was certainly not a "back to normal" year as we still struggled with shutdowns, business closures, extended unemployment benefits, and health concerns. As the data shows, we are seeing things trend positively back towards pre-pandemic service levels. The assumption is that this trend will continue into PY2022.

It should be noted that local One-Stop programming was able to fare relatively well during the pandemic, in part due increased marketing and outreach and the use of technology to provide virtual services and become more accessible to our job seekers. Youth referrals are only about 25% lower from PY19 and that number may catch up by the end of the program year. Our Work First NJ program is receiving more referrals than it did pre-pandemic due to the program being offered both virtually and in-person, which helps to avoid some of the usual barriers to participation like childcare and transportation. Last, but not least; even during the early shutdowns and throughout the last two program years we have been able to continue offering virtual workshops to job seekers in the community which we believe was able to connect many new customers to the One-Stop during this time. We are back to offering in person services, but we anticipate the addition of our virtual services to ultimately lead to a higher number of customers served as we head into PY 2022.

See additional pages for upcoming virtual workshops being offered through the One-Stop Career Center

NLP

(Neuro-Linguistic Programming)

Tools for Real Life

Wednesday,
April 13th, 2022
10:00 am – 12:00 pm

*This is a
virtual workshop
delivered via Zoom.*

Speaker:
Jan Goodman,
Community Outreach
Specialist
Greater Raritan
One-Stop
Career Center
Training Services

Do you have a desire to:

- Increase your value in the job search
- Develop skills for better listening
- Assess the correct time to interject and lead a conversation
- Have multiple perspectives on a situation to gain choice and leverage
- Identify what you genuinely want and structure goals to achieve it
- Change unwanted habits and behaviors to productive patterns?

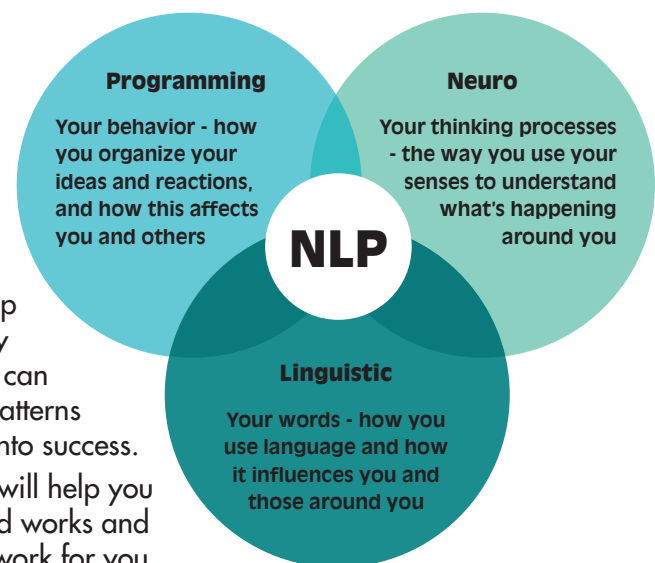
What is NLP?

Have you ever heard the saying "It's all in your head?"

Neuro-Linguistic Programming

was designed to take the way you view the world and flip it around so that, in a very short amount of time, you can rearrange your thinking patterns and transfer opportunity into success.

This introductory training will help you understand how your mind works and most importantly make it work for you.



Registration is required.

To register go to <https://sclsnj.org/>

Click on Programs & Events

Click on Adults and go to April 13th on the calendar to register.



Mastering the INTERVIEW

**Tuesday,
April 20th, 2022
1:00pm – 3:00pm**

Speaker: Jan Goodman
Community Outreach Specialist/
Career Coach
Greater Raritan One-Stop Career
Center Training Services

**Host:
Hunterdon
County
Library System**



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The interview is one of the key elements of the job search process. As with any skill, we can get better at it with preparation and practice. In this workshop, participants will explore how to prepare for an interview and become familiar with the types of questions to expect, as well as the questions they should think about asking. They will learn how to prepare for second interviews, testing, and shadowing, as well as how to follow up on their interview sessions.

Topics Discussed:

- Understanding the interview
- Types of questions
- Preparation
- Stress interviews
- Following up the interview
- Common problems and solutions
- Phase Two (after the interview)
- Trick questions
- Sealing the deal
- Getting what you're worth

How You Will Benefit:

- Understand the different types of interview questions and how to prepare to answer them.
- Learn the most effective ways to prepare for an interview, including how to present yourself professionally.
- Develop expertise at expressing yourself effectively.
- Know how to ask for feedback following an interview.
- Learn how to answer the toughest interview questions.

Pre-registration is required.

To register please go to <https://bit.ly/3LtvPOi>

To join Zoom meeting go to:

<https://us02web.zoom.us/j/85230524291>

Meeting ID: 852 3052 4291

Co-sponsored with the Greater Raritan One-Stop Training Services



Conquering Your Fear of Speaking in Public

Wednesday,
May 18th, 2022
10:00 am – 12:00 pm

Speaker:

Jan Goodman,
Community Outreach Specialist/
Career Coach
Greater Raritan
One-Stop
Career Center
Training Services

Do you get nervous when interviewing or making presentations at company meetings?

Do you find it hard to make conversations at gatherings and social events?

Do you freeze up in awkward social situations?

If so this workshop is for you! It is for anybody who wants to improve their speaking skills in both formal and informal situations. Learn important strategies to gain the confidence and the skills to interact with others, to speak in informal situations, and to make presentations in front of small groups.

Learning Objectives

During this workshop you will learn to:

- Speak with more confidence in one-on-one conversations.
- Feel more confident speaking socially or in small meeting groups.
- Practice these skills in a supportive setting.

***Please note this is a virtual workshop via Zoom.
Registration is required.***

To register go to <https://sclsnj.org/>
Click on Programs & Events

Click on Adults and go to May 18th on the calendar to register.

*This program is in collaboration with The Greater Raritan One-Stop Training Center
and the Somerset County Library System (SCLS).*



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The Art of EFFECTIVE COMMUNICATION



Wednesday, June 8, 2022

10:00am – 12:00pm

Somerset County
Library System

Speaker: Jan Goodman
Community Outreach
Specialist/Career Coach

Greater Raritan One-Stop Career
Center Training Services

"Communication is two-sided – vital and profound communication makes demands on those who are to receive it... demands in the sense of concentration of genuine effort to receive what is being communicated."
– Roger Sessions

Points of Discussion:

- Self-Assessments
- Looking at different personality types
- Identifying your Myers Briggs Personality Types
- Defining filters
- Encoding, decoding and sending messages
- Culture
- Gender
- Active listening
- Paraphrasing statements
- Nonverbal messages
- Handling Conflict
- Being assertive, not aggressive
- Communication preferences
- Communication models

How You Will Benefit:

- Understand a working definition of communication.
- Review communication models and their key elements.
- Apply Myers Briggs personality assessments to develop effective communication skills.
- Investigate different styles of communicating.
- Learn how tolerance for disagreement affects effective communication.
- Identify common communication filters.
- Learn new tools for effective communication.

Please note this is a virtual workshop via Zoom.

**To attend the Zoom workshop
please click the link below.**

<https://sclsnj.libnet.info/event/6173011>

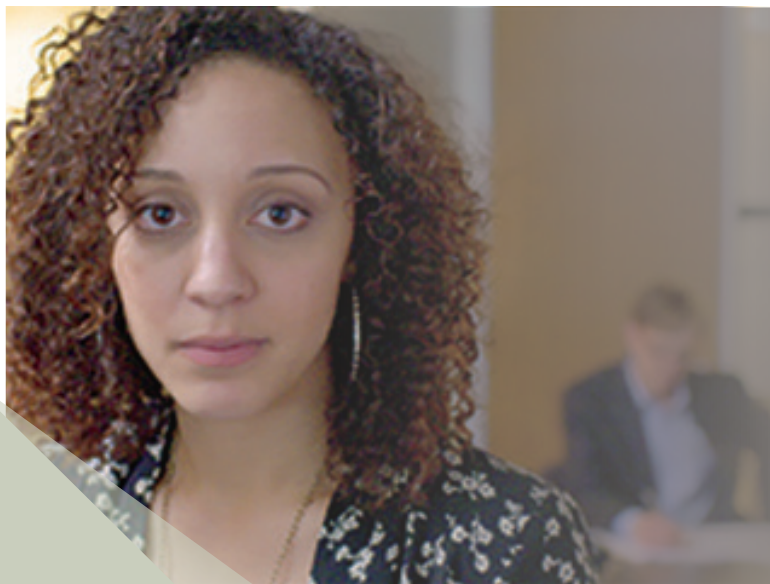


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This program is in partnership with the
Greater Raritan One-Stop Training Center



Defeating Unconscious Bias: 5 Strategies



“Human beings are poor examiners, subject to superstition, bias, prejudice, and a PROFOUND tendency to see what they want to see rather than what is really there.”
— Scott Peck

DATE: Wednesday,
July 13th, 2022

TIME: 10:00 am – 12:00 pm

*In collaboration with the
Somerset County Library System*

Speaker: Jan Goodman
Community Outreach Specialist,
Greater Raritan One-Stop Career Center



**Please note this is a virtual
workshop via Zoom.
To attend this workshop
please click on the link
below:**

<https://sclsnj.libnet.info/event/6173056>

Let's face it, everybody has some unconscious bias. This is not in the context of talking about a preference for Mexican food or an inclination toward the color blue. The focus here is on those inflexible beliefs about whole categories of people that keep us from seeing others accurately, from making fair and appropriate decisions, and from building the kind of harmonious relationships that make our lives more successful.

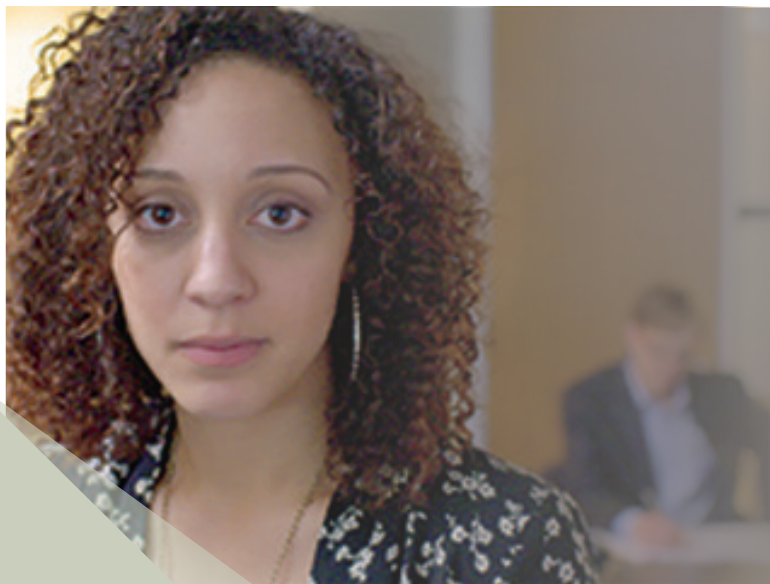
Clearly, biases are bad news. On the other hand, the good news is that biases do not make us bad people. Human nature is to lump people into categories. Because of this predisposition, we are vulnerable to unconsciously believing the messages that bombard us from family, media, experience, and society as a whole. But we are not stuck with our unconscious biases; we can defeat them.

The “Defeating Unconscious Bias” workshop is designed to address the hidden biases that can affect hiring, team building and challenges the ability to create inclusivity in both professional and personal settings. A 14 minute video accompanies this training offering 5 simple, actionable, and memorable strategies to enhance workplace productivity and innovation by addressing bias. The authenticity and diversity of the scenarios utilized keeps participants attention, and the solutions suggested support change without blame.

***This program is being offered in partnership with the
Greater Raritan One-Stop Career Center.***



Defeating Unconscious Bias: 5 Strategies



“Human beings are poor examiners, subject to superstition, bias, prejudice, and a PROFOUND tendency to see what they want to see rather than what is really there.”
— Scott Peck

DATE: Friday, July 15th, 2022

TIME: 10:00 am - 11:30 am

*In collaboration with PSG
(Professional Service Group) of
Mercer County*

*(PSG is a networking program for
professional jobseekers in transition)*

Speaker: Jan Goodman

Community Outreach Specialist,
Greater Raritan One-Stop Career Center

**Please join the meeting from your
computer, tablet or smartphone:**
<https://bit.ly/3IooYlH>

You can also dial in using your phone:
+1 (872) 240-3212
Access Code: 743-896-341

Let's face it, everybody has some unconscious bias. This is not in the context of talking about a preference for Mexican food or an inclination toward the color blue. The focus here is on those inflexible beliefs about whole categories of people that keep us from seeing others accurately, from making fair and appropriate decisions, and from building the kind of harmonious relationships that make our lives more successful.

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*This program is being offered in
partnership with the Greater Raritan
One-Stop Career Center.*





The Multi-Generational Workplace

Wednesday,
August 10th, 2022

10:00am – 12:00pm

In Collaboration with the
**Somerset County Library
System**

Presenter:
Jan Goodman
Community Outreach Specialist
Greater Raritan One-Stop
Career Services

There are currently five generations in the workforce, and employers faced with mass retirements of Baby Boomers are looking for ways to prepare for the changes that will result. This course examines the history and reality of the generation gap.

This course explores whether defining the actual limits of each generation is most important, or whether the merits of people within the context of employment is the bigger issue. Understanding others helps us to understand ourselves and to manage the people that we work with. We will explore problems, solutions, and strategies to help overcome issues of the generation gap.

What You Will Cover:

- History in brief
- Finding common ground
- Silents, Boomers, Xers, Ys, and Millennials
- Recruiting that bridges the gap
- Pre-assignment review
- Solutions
- The value of planning
- Holding on for the good times
- Developing targeted retention strategies
- What we really want

How You Will Benefit:

- Develop our understanding of where the generations gap issue surfaces, and the impact it has on the modern workforce.
- Understand and apply language that is specific to each generation currently in the workplace.
- Explore organization strategies that overcome gap issues.
- Evaluate the need and effectiveness of recruiting, retention, and succession plans in context of the generation gap.

Please note this is a virtual Zoom workshop. To attend the Zoom workshop please click on the link below:

<https://sclsnj.libnet.info/event/6173100>



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PSG of Mercer County
in collaboration with the
Greater Raritan One-Stop Career Center



HOW TO THRIVE DURING TRANSITION AND CHANGE



Times of transition hold both challenges and opportunities. What are you really committed to in this moment?

Tony Robbins once said, *"Quality questions create a quality life."*

- Is your behavior consistent with what you are committed to?
- Are you present and engaged in your own life?
- Are you satisfied with your choices?
- Would you like to make better choices in the future?

Our life is made up of decisions. When we ask the right questions it heightens our awareness and allows us to see more clearly. The strategies and philosophies that will be presented in this workshop provide attendees with tools that self-empower. The workshop is designed to help you achieve your personal best both professionally and personally. It's a point of view that is based on choice. Self-empowerment feeds our unconscious mind to make conscious choices that allow us to be successful.

Friday,
Sept. 16th, 2022
10:00 am - 11:30 am

SPEAKER:
Jan Goodman
Community Outreach Specialist,
Greater Raritan One-Stop
Career Center

Please join the meeting from your computer, tablet or smartphone: <https://bit.ly/3wfuaG8>
You can also dial in using your phone: +1 (646) 749-3122 • Access Code: 355-203-397

*In collaboration with PSG (Professional Service Group) of Mercer County
(PSG is a networking program for professional jobseekers in transition)*

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