

The Hunterdon County Library System in collaboration with the Greater Raritan One-Stop Career Center



HOW TO THRIVE DURING TRANSITION AND CHANGE



Times of transition hold both challenges and opportunities. What are you really committed to in this moment?

Tony Robbins once said, *"Quality questions create a quality life."*

- Is your behavior consistent with what you are committed to?
- Are you present and engaged in your own life?
- Are you satisfied with your choices?
- Would you like to make better choices in the future?

Our life is made up of decisions. When we ask the right questions it heightens our awareness and allows us to see more clearly. The strategies and philosophies that will be presented in this workshop provide attendees with tools that self-empower. The workshop is designed to help you achieve your personal best both professionally and personally. It's a point of view that is based on choice. Self-empowerment feeds our unconscious mind to make conscious choices that allow us to be successful.

Tuesday, March 16th, 2021
1:00pm – 3:00pm

SPEAKER:
Jan Goodman
Community Outreach Specialist
Greater Raritan
One-Stop Career Center Training
Services

*Please note this is a
virtual workshop via Zoom
and preregistration is required.*

To register, go to:

- <http://hclibrary.evanced.info/signup/Calendar>
Go to the date of the program and double click to register
- Email Dana Neubauer: dneubauer@hclibrary.us

**Greater Raritan One-Stop Career Center
Training Services**

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