



The **Greater Raritan One-Stop Career Center**, in collaboration with the **Franklin Township Public Library**, presents a **Distinguished Author Workshop** entitled:

Stop the Worry, So You Don't Miss the Magic

Presented by **Karen Okulicz**

Why worry? What does worry add to our self-care during this winding road of the COVID pandemic? Nothing is the answer. How can we maintain our balance without losing ourselves in "WORRY?" We can start by using some tried and true techniques that put worry on the shelf. When we worry, we miss the magic in all areas of our lives. Join Karen Okulicz to eliminate the unnecessary need for worry. Remember, don't worry, you never have to.

Karen Okulicz

knows first-hand about the rigors of looking for work, having become unemployed twice in three years. Her

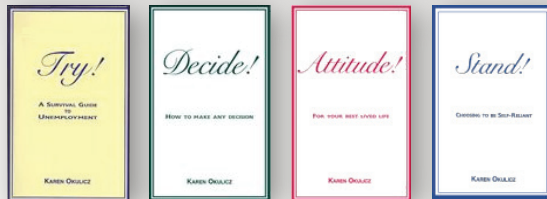
first stretch of unemployment lasted eleven months. At the start of her second unemployment she began to try a different way of looking for work than "just send the resume." The "Try!" techniques for a complete job search were created.

Her second book, "Decide!" sprang from the years of marketing her first book. She would listen to people say, "I can't decide about my future or about my work." She thought maybe it's not that they can't decide, maybe they don't know how. Her second book was born: "Decide! How to Make any Decision."

While observing which people seemed to have the best approach to life, she recognized it was their positive attitude. "Attitude! For Your Best Lived Life" became the third book.

The latest book, "Stand! Choosing to be Self-Reliant" was written after witnessing so many friends and family having to rebuild their lives in so many ways. "Stand!" outlines how to build a life that fits us well under any circumstance.

Ms. Okulicz has hosted and produced the radio show "Workline." She provides workshops from her books and is a continued guest in the media. Her books have been translated in a dozen languages.



Friday, March 26, 2021

11:00am – 12:30pm

Please note this is a virtual workshop via Zoom.

Registration is required.

To register, please contact Kerri Sullivan at:
ksullivan@franklintwp.org

A link to the Zoom workshop will be included in your confirmation email.



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