

**THE GREATER RARITAN ONE-STOP
CAREER CENTER** *in collaboration with the
Richard Hall Community Health &
Wellness Center's Virtual Career Fair*



HOW TO THRIVE DURING TRANSITION AND CHANGE Virtual Workshop

Times of transition hold both challenges and opportunities. What are you really committed to in this moment?

Tony Robbins once said, *"Quality questions create a quality life."*

- Is your behavior consistent with what you are committed to?
- Are you present and engaged in your own life?
- Are you satisfied with your choices?
- Would you like to make better choices in the future?

Our life is made up of decisions. When we ask the right questions it heightens our awareness and allows us to see more clearly. The strategies and philosophies that will be presented in this workshop provide attendees with tools that self-empower. The workshop is designed to help you achieve your personal best both professionally and personally. It's a point of view that is based on choice. Self-empowerment feeds our unconscious mind to make conscious choices that allow us to be successful.

For additional questions and registration information for this virtual career fair please contact Anthony Justo at ajusto@co.somerset.nj.us

**Greater Raritan One-Stop Career Center
Training Services**

A proud partner of the  **americanjobcenter** network

**Wednesday, Sept 16th, 2020
1:00pm – 2:30pm**

SPEAKER:

Jan Goodman

Community Outreach Specialist
Greater Raritan One-stop Career Center
Training Services

To join ZOOM meeting:

<https://bit.ly/32bdxfn>
or 1-646-558-8656

Meeting ID: 816 4773 0982
Passcode: 528810

