

IN-PERSON UNEMPLOYMENT INSURANCE AND CAREER SERVICES ARE NOT AVAILABLE

For the health and safety of our staff and customers, services are being offered virtually or telephonically only.

Please visit <https://myunemployment.nj.gov> to:

- File an unemployment claim
- Check claim status
- Certify for weekly benefits
- Reset your PIN or password
- Start your job search
- Begin career training and education
- Submit questions via chat and email
- Find helpful information and resources

You may also call your appropriate regional phone number below for further assistance:

- **North New Jersey:** 201-601-4100
- **Central New Jersey:** 732-761-2020
- **South New Jersey:** 856-507-2340
- **Out-of-state claims:** 888-795-6672
(you must call from a phone with an out-of-state area code)
- **New Jersey Relay:** 7-1-1

Visit New Jersey's jobs portal at jobs.covid19.nj.gov



The NJDOL understands the extraordinary hardships our fellow residents are enduring, and we are doing everything we can to distribute unemployment benefits as quickly as possible. We appreciate your continued understanding and cooperation as we begin to phase in additional services as determined safe to do so over the coming months.